

Health Overview and Scrutiny Committee Report

Monday 17th March 2025

Two items on the agenda

- **Adult mental health rehabilitation redesign and acute inpatient improvement – update**
- **Diabetes Pathway**

Adult Mental Health Rehabilitation Redesign and Acute Inpatient Improvement – Update

- This exercise is to ensure that all who access services receive nationally standardised, evidence-based, quality care.
- The objectives for this programme include
 - Reduce unwarranted variations identified within inpatient and rehabilitation services.
 - Reduce patients being placed out of area, to 0%.
 - Achieve maintain length of stay of below 35 days.
 - Ensure that the Trust no longer use any high-cost agency staff.
 - Reduce rolling 12-month staff turnover to below 12%.
 - Ensure patient -centred care.
 - Capture and analyse the impact of interventions to assess risks and benefits as part of evidence-based practice.
- **Adult Mental Health Inpatients Quality Improvement**
 - Elimination of inappropriate out-of-area mental health bed placement and reducing length of stay.
- This programme will follow the phases below:

Phase 1	Development of programme initiation document and programme governance (Jan 23- May 23)	Complete
Phase 2	Idea formulation/hurdle process/patient staff engagement/ public engagement and feedback	Complete
Phase 2A	Finalise case for change	Commenced May 2024
Phase 3	Public consultation and service improvement (June 26-October 26)	Not started
Phase 4	Implementation	Not started

Diabetes Pathway

Background

- Diabetes UK (2021) states more than 4.9 million people in the UK have diabetes and an additional 13.6 million people are at risk of Type 2 Diabetes Mellitus. 90% of people with diabetes have Type 2 diabetes (non-insulin dependent) whilst 8% have Type 1 diabetes (Insulin dependent) and 2% have maturity onset diabetes.
- The prevalence of all types of diabetes in Worcestershire is 6.69% of the registered population (i.e. 41,9867 individuals). This is slightly lower than national average of 7.45%. Of these 38.373v have Type 2 diabetes and 2.999 have Type 1 diabetes.
- **Type 1 Diabetes Pathway**
 - All people with Type 1 Diabetes receive structured education at Worcestershire Acute Hospital (WHAT). 52.2% of those diagnosed with Typ1 were offered structured education within 12 months of diagnosis, above the average for England of 46.6%. Attendance rates are also higher than England average: 13.0% vs 7.7%.
 - To ensure people with Type 1 diabetes remain well, the Primary care team undertakes 9 care processes and 3 treatment targets.
 - 9 care processes include: Weight and BMI, Blood pressure, HbA1c, retinopathy screening, smoking status and cholesterol level.
 - 3 treatment targets are the optimal range for HbA1c, cholesterol and blood pressure.
- **Type 2 Diabetes Pathway**
 - NHS Health checks frequently identify HbA1c that are above normal but below the diabetes threshold. This group of pre-diabetics and women with a history of gestational diabetes receive proactive annual reviews. They are also referred to Diabetes Prevention Programme.
 - **The Know Your Risk Tool** is widely promoted and can support people to come forward.
 - Assessment and management of Type 2 Diabetes is managed by nurses in the GP surgery and Diabetic Specialist Nurses from Worcestershire Acute Hospital Trust.
 - In 2023, 91.8% of people in Herefordshire and Worcestershire with Type 2 Diabetes were offered structured education within 12 months of diagnosis, as compared to national average of 84.9%.
 - A bespoke programme is also available for people aged 18-40 years, offering additional holistic support.

Compiled by

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3rd April 2025